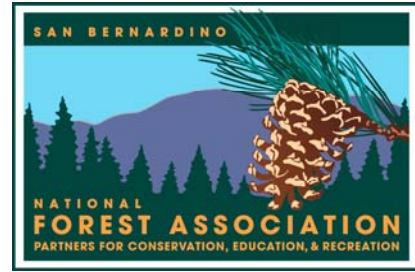


National Forest Association

602 South Tippecanoe Avenue
San Bernardino, CA 92408

FOR IMMEDIATE RELEASE

Contact: Sarah Miggins, Executive Director
(909) 382-2796 smiggins@fs.fed.us



SAN BERNARDINO, Calif., June 22, 2009

Toddler Programs come to Children's Forest

Moms and dads! Looking for something educational and fun to do with your toddler?

Hikes for Tykes are fun and interactive programs just for the little ones (2-5 yrs old) and their parents. Join a Children's Forest naturalist for programs that help toddlers learn about nature. There is always a short hike, activity and craft to take home. The cost is \$5 per person, and toddlers must be accompanied by a parent. Reservations are recommended, space is limited! Call the Children's Forest at (909) 382-2600 x 4024 for more information and to make reservations.

Join us for these exciting upcoming programs:

Friday, June 26: *Over the Rainbow*

Green trees, Blue birds, Red berries...nature is full of colors from the rainbow! Connect the colors from a rainbow to the hues found in nature as you go on a colorful nature hike. **10am – 11:30am.**

Friday, July 17: *Doing the Locomotion*

Worms wriggle, rabbits hop, and snakes slither. How many ways can animals move? Some are motionless while others are quicker than the blink of an eye. **10am – 11:30am.**

Friday, August 14: *Born to Spin*

Do you have eight eyes and eight legs? Do you catch flies in your web and have them for dinner? If so, you're a spider! Discover the fascinating life of a spider in this spinning of a tale. **10am – 11:30am.**

All programs are located at the Children's Forest Visitor Information Center, located 1 mile east of Running Springs on Highway 18.

The San Bernardino National Forest Association is the primary non-profit partner to the U.S. Forest Service and, through six programs and 1,000 volunteers, share a mutual mission of "caring for the land and serving the people" on the San Bernardino National Forest. The programs include Children's Forest, Big Bear Discovery Center, Off Highway Vehicle Outreach Education, Forest Care, Fire Lookout Hosts, and Wildfire Education Experience. For more information or to sponsor a program, please call Sarah Miggins, executive director, at (909) 382-2796.

###