

## National Forest Association

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### FOR IMMEDIATE RELEASE

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**SAN BERNARDINO, Calif., May 30, 2009**

### **Pacific Crest Trail Hiking Tour and Nature Night at Big Bear Discovery Center!**



The Pacific Crest Trail is a 2,650 mile trail that stretches from Mexico to Canada and traverses some of the most beautiful and scenic areas in the US. Come explore a section of the trail that travels through the San Bernardino Mountains on a naturalist guided hike!

“The section of the Pacific Crest trail that passes through our San Bernardinos is astonishing in its diversity and beauty. Short sections of this trail allow hikers to see both the tall pines of the forest and the Joshua Trees of the

High Desert. The Pacific Crest Trail offers access to remote and beautiful areas not seen by many visitors” says Marco Guzman, a naturalist at the Big Bear Discovery center.

The hike is well suited for all hikers, from beginner to enthusiast. It includes water, snacks and a gourmet lunch along the trail. Hikers will learn about the natural history of the area, the flora and fauna of Big Bear Valley, along with information about the Pacific Crest Trail itself. Hikers may even meet thru-hikers making the 2,650 mile journey!

The hikes will leave from the Discovery Center on June 4, June 18, July 2, July 16, July 30, August 13 & August 27 at 9:00AM. The cost is \$30 per person and reservations are required. Call (909) 382-2790 or (909) 866-3437 for reservations. The hike is from 9AM to 2PM.

**Dates:** Thursday; June 4, June 18, July 2, July 16, July 30, August 13 & August 27

**Time:** 9am-2pm; Meet at the Big Bear Discovery Center

Reservations are required. Please call (909) 382-2790 or (909) 866-3437 for reservations.

### **Nature Night~ Pacific Crest Trail Slideshow:**

Thursday, June 18<sup>th</sup> at 7pm, join local resident and adventure photographer Scott Corder for a fantastic slide show about his experience through hiking the PCT in 1993. Corder's images of

the trek evoke a sense of the intensity of the trail on both the physical and emotional level; he will discuss the logistics that go into planning a hike of this magnitude and share some of the mistakes as well as the wisdom he gleaned along the way. This presentation is fantastic for people who are interested in seeing what its like to hike the entire trail or if you want to get inspired to get out on the local trails. Free!

**Date:** Thursday, June 18<sup>th</sup>

**Times:** 7pm-8pm; FREE!

*The San Bernardino National Forest Association is the primary non-profit partner to the U.S. Forest Service, which operates six programs to care for the San Bernardino National Forest. The programs include Children's Forest, Big Bear Discovery Center, Off Highway Vehicle Outreach Education, Forest Care, Fire Lookout Hosts, and the Urban Youth Conservation Corps. For more information, or to help sponsor a program, please call Sarah Miggins at (909) 382-2796*

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